



HOLIDAY GIFT BAG WISH LIST

The holidays can be a time of isolation and loneliness for older adults who do not have loved ones and friends nearby.

Help The Center for Volunteer Caregiving bring holiday joy to 250 of the older adults and adults with disabilities it serves by donating items for gift bags that will be delivered in December. Items can be dropped off at:

- The Center's office, 1150 SE Maynard Road, # 210, Cary, NC 27511 (M-F 8:30 am - 4:30 pm)
- ComForCare Home Care, 3820 Merton Drive, # 203, Raleigh, NC 27609 (coordinate drop off with Nichole Smith, 704-491-1090)
- Northern Wake Senior Center, 235 East Holding Avenue, Wake Forest, NC 27587 (coordinate drop off with Jennie Griggs, 919-630-9153)

Items Needed:

- Puzzle books
- Hand sanitizer
- Lotion
- Face coverings
- Pocket-sized tissues
- Wrapped candy
- Individual packets of hot chocolate
- Socks
- Breakfast bars
- Individually wrapped tea bags
- Personal care items
- Individually wrapped crackers and snacks
- Toothbrush
- Toothpaste

All items must be dropped off **no later than December 2, 2021.**

Don't have time to shop and drop off items? You can give a tax-deductible donation to The Center to cover purchased items online at www.volunteercaregiving.org (select "Donate" tab at the top right) or mail a check payable to The Center for Volunteer Caregiving, 1150 SE Maynard Road, Suite 210, Cary, NC 27511. **(A \$25 donation will fund one gift bag.)**

Call 919-460-0567 for more information or if you have questions.

Thank you!